

SWIM & SPORTS ACADEMY



LEARN TO SWIM



MONDAY 10:00 AM
MONDAY 6:00 PM
FRIDAY 9:00 AM
SATURDAY 12:00 PM

IMPROVE YOUR TECHNIQUE



MONDAY 12:15 PM
THURSDAY 8:30 AM

GET FITTER & FASTER



MONDAY 8:30 PM
SATURDAY 7:15 AM

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