

Race No	First Name	Last Name	Category	Short	Swim Split	Run Split	Total Time
132	Steven	Kerfoot	M 15-19	Short	00:03:25	00:10:47	00:14:12
123	Kevin	Rawlins	M 40-59	Short	00:03:51	00:13:23	00:17:14
133	Lucy	Thomas	F 40-59	Short	00:04:37	00:12:59	00:17:36
131	Ellie	Maule	F 15-19	Short	00:04:38	00:13:21	00:17:59

Race No	First Name	Last Name	Category	Short	Swim Split	Run Split	Total Time
128	Ben	Rawlins	M 15-19	Long	00:18:06	00:15:47	00:33:53
129	Colin	Pemble	M 40-59	Long	00:11:03	00:26:27	00:37:30
122	Gethin	Parham	M 40-59	Long	00:11:27	00:26:36	00:38:03
121	Dale	Williams	M 40-59	Long	00:11:30	00:27:03	00:38:33
127	Jason	Emmett	M 40-59	Long	00:12:36	00:27:19	00:39:55
126	Matt	Brewer	M 20-39	Long	00:11:54	00:28:25	00:40:19
117	Nick	Faubel	M 40-59	Long	00:12:35	00:28:56	00:41:31
114	Celia	Miall	F 40-59	Long	00:11:39	00:29:54	00:41:33
118	Paul	De St Paer	M 40-59	Long	00:12:51	00:29:14	00:42:05
125	Neil	Kerfoot	M 40-59	Long	00:11:28	00:31:04	00:42:32
134	Rich	Horsfall	M 40-59	Long	00:14:50	00:28:09	00:42:59
130	Adam	Lyall	M 15-19	Long	00:11:46	00:32:13	00:43:59
110	Michelle	Kerfoot	F 40-59	Long	00:13:29	00:30:52	00:44:21
102	Steph/Ma	Powell/Powe	Relay	Long	00:17:03	00:27:24	00:44:27
113	Emily	Murray	F 15-19	Long	00:11:55	00:33:04	00:44:59
105	Daniel	Beale	M 20-39	Long	00:14:33	00:31:25	00:45:58
119	Paul	Buften	M 40-59	Long	00:13:26	00:33:47	00:47:13
115	Jane	Cooley	F 40-59	Long	00:12:28	00:35:03	00:47:31
109	Faye/Vinc	Steele/Steele	Relay	Long	00:13:09	00:35:05	00:48:14
108	Simon	Morris	M 60+	Long	00:15:01	00:34:50	00:49:51
101	Steve	Wood	M 40-59	Long	00:17:00	00:36:25	00:53:25
111	Glenda	Edwards	F 40-59	Long	00:16:16	00:39:40	00:55:56
103	Richard	Nuell	M 60+	Long	00:20:39	00:46:48	01:07:27
106	Nicholas	Edwards	M 60+	Long	00:17:15	01:04:08	01:21:23