



# POOL SCHEDULE JUNE 7TH — JULY 25TH 2021



**PLEASE BOOK ONLINE AT WWW.BOSPOOL.COM FOR ALL SESSIONS MARKED WITH (B). PLEASE NOTE:  
AN ADULT (18+) MUST ACCOMPANY ANY UNDER 16 IN THE POOL (REGARDLESS OF SWIMMING ABILITY IN ALL OPEN/FAMILY SESSIONS)**

	MON	TUE	WED	THU	FRI	SAT	SUN
5:30 AM	ACADEMY SWIM TEAM	LANES (6:00 - 9:00 AM)	LANES (6:00 - 9:00 AM)	ACADEMY SWIM TEAM	LANES (6:00 - 9:00 AM)	SWIM TEAM (6:30 - 8:30 AM)	LANES (7:00 - 8:30 AM)
6:00 AM							
7:00 AM	LANES (7:00 - 9:00 AM)	PENGUIN CLUB (9:30 - 10:30 AM)	SWIM AC & SCHOOLS (9:00 - 11:00 AM)	LANES (7:00 - 9:30 AM) WITH STROKE TECHNIQUE 8:30 - 9:00 AM	SWIM ACADEMY ADULT BEG LESSON (9:00 - 9:30 AM) SCHOOLS (9:30 - 10:30 AM)	SWIM ACADEMY (8:30 - 1:00 PM) (INCLUDING ADULT BEG/INT LESSONS 12:00 PM) TRIATHLON ACADEMY (9:00 - 1:00 PM)	SWIM AC/TEAM DIVE ACADEMY (8:30 - 10:30 AM)
8:00 AM							
9:00 AM	FAMILY SWIM (SHALLOW) (9:00 - 10:00 AM) WITH	FAMILY SWIM (10:45 - 11:45 AM) WITH AQUAFIT (DEEP) 10:50 - 11:40 AM	LANES (11:15 - 12:45 PM)	SCHOOLS (10:00 - 12:00 PM)	OPEN SWIM 10:45 - 12:15 PM WITH AQUAFIT (SHALLOW) (11:00 - 11:50 AM)	JUNIOR/ADULT LANES (1:00 - 2:00 PM)	(B) FAMILY/OPEN SWIM with FUN N FLOATS (10:30 - 11:45 AM)
9:30 AM	AQUAFIT (DEEP) 9:10 - 10:00						
10:00 AM	ADULT BEG/INT LESSON (10:00 - 10:30)	SCHOOLS (1:15 - 2:15 PM) FROM JULY 20TH FAMILY/OPEN SWIM 12:45 - 2:30 PM	SCHOOLS (1:00 - 2:00 PM) FROM JULY 21ST FAMILY/OPEN SWIM 12:45 - 2:30 PM	SCHOOLS (10:00 - 12:00 PM)	SCHOOLS (12:45 - 2:45 PM) FROM JULY 9TH LANES: 12:15 - 1:15 PM FAMILY/OPEN SWIM: 1:15 - 2:30 PM	(B) FAMILY/OPEN SWIM with FUN N FLOATS (2:00 - 3:15 PM)	ACADEMY SWIM TEAM (1:00 - 3:00 PM)
10:30 AM	ADULT BEG/INT LESSON (10:00 - 10:30)						
11:00 AM	SCHOOLS FROM JULY 5TH FAMILY/OPEN SWIM 10:00 - 11:45 AM	SCHOOLS (1:15 - 2:15 PM) FROM JULY 20TH FAMILY/OPEN SWIM 12:45 - 2:30 PM	SCHOOLS (1:00 - 2:00 PM) FROM JULY 21ST FAMILY/OPEN SWIM 12:45 - 2:30 PM	LANES (11:15 - 12:45 PM)	SCHOOLS (1:30 - 2:30 PM) FROM JULY 15TH FAMILY/OPEN SWIM 1:30 - 2:30 PM	(B) FAMILY/OPEN SWIM with FUN N FLOATS (3:15 - 4:30 PM)	PRIVATE HIRE (3:00 - 4:00 PM)
11:30 AM	SCHOOLS FROM JULY 5TH FAMILY/OPEN SWIM 10:00 - 11:45 AM						
11:45 AM	LANES (11:45 - 1:00 PM) WITH STROKE TECHNIQUE 12:15 - 12:45 PM <i>(NO CHANGING 12:45 - 1:00 PM)</i>	SCHOOLS (1:15 - 2:15 PM) FROM JULY 20TH FAMILY/OPEN SWIM 12:45 - 2:30 PM	SCHOOLS (1:00 - 2:00 PM) FROM JULY 21ST FAMILY/OPEN SWIM 12:45 - 2:30 PM	LANES (11:15 - 12:45 PM)	SCHOOLS (1:30 - 2:30 PM) FROM JULY 15TH FAMILY/OPEN SWIM 1:30 - 2:30 PM	(B) FAMILY/OPEN SWIM with FUN N FLOATS (3:15 - 4:30 PM)	SWIM LESSONS AVAILABLE:
12:00 PM	LANES (11:45 - 1:00 PM) WITH STROKE TECHNIQUE 12:15 - 12:45 PM <i>(NO CHANGING 12:45 - 1:00 PM)</i>						
12:30 PM	LANES (11:45 - 1:00 PM) WITH STROKE TECHNIQUE 12:15 - 12:45 PM <i>(NO CHANGING 12:45 - 1:00 PM)</i>	SCHOOLS (1:15 - 2:15 PM) FROM JULY 20TH FAMILY/OPEN SWIM 12:45 - 2:30 PM	SCHOOLS (1:00 - 2:00 PM) FROM JULY 21ST FAMILY/OPEN SWIM 12:45 - 2:30 PM	LANES (11:15 - 12:45 PM)	SCHOOLS (1:30 - 2:30 PM) FROM JULY 15TH FAMILY/OPEN SWIM 1:30 - 2:30 PM	(B) FAMILY/OPEN SWIM with FUN N FLOATS (3:15 - 4:30 PM)	ACADEMY SWIM TEAM (4:30 - 5:30 pm)
1:00 PM	LANES (11:45 - 1:00 PM) WITH STROKE TECHNIQUE 12:15 - 12:45 PM <i>(NO CHANGING 12:45 - 1:00 PM)</i>						
1:30 PM	SCHOOLS 1:00 - 2:00 PM	SCHOOLS (1:15 - 2:15 PM) FROM JULY 20TH FAMILY/OPEN SWIM 12:45 - 2:30 PM	SCHOOLS (1:00 - 2:00 PM) FROM JULY 21ST FAMILY/OPEN SWIM 12:45 - 2:30 PM	LANES (11:15 - 12:45 PM)	SCHOOLS (1:30 - 2:30 PM) FROM JULY 15TH FAMILY/OPEN SWIM 1:30 - 2:30 PM	(B) FAMILY/OPEN SWIM with FUN N FLOATS (3:15 - 4:30 PM)	ACADEMY SWIM TEAM (4:30 - 5:30 pm)
2:00 PM	SCHOOLS 1:00 - 2:00 PM						
2:30 PM	CLOSED 2:30 - 3:30 PM	CLOSED 2:30 - 3:30 PM	CLOSED 2:30 - 3:30 PM	CLOSED 2:30 - 3:30 PM	CLOSED 2:30 - 3:30 PM	(B) FAMILY/OPEN SWIM with FUN N FLOATS (3:15 - 4:30 PM)	Our Award Winning Swim Academy & Team offers swim lessons & coaching for ages 6 months to 60+ years, from beginners through National competitors. Please Enquire at reception or call 01278 785909 for further details.
3:00 PM	CLOSED 2:30 - 3:30 PM	CLOSED 2:30 - 3:30 PM	CLOSED 2:30 - 3:30 PM	CLOSED 2:30 - 3:30 PM	CLOSED 2:30 - 3:30 PM	(B) FAMILY/OPEN SWIM with FUN N FLOATS (3:15 - 4:30 PM)	Our Award Winning Swim Academy & Team offers swim lessons & coaching for ages 6 months to 60+ years, from beginners through National competitors. Please Enquire at reception or call 01278 785909 for further details.
3:30 PM	SWIM & LIFEGUARD ACADEMY (3:45 - 6:30 PM)	SWIM & LIFEGUARD ACADEMY (3:45 - 6:00 PM)	SWIM & LIFEGUARD ACADEMY (3:45 - 6:00 PM)	SWIM & LIFEGUARD ACADEMY (3:45 - 6:00 PM)	SWIM & LIFEGUARD ACADEMY (3:45 - 6:00 PM)	ACADEMY SWIM TEAM (6:00 - 8:00 PM)	PRIVATE POOL HIRE AVAILABILITY: SAT: 5:30 - 7:00 PM SUN 4:00 - 6:00 PM
4:00 PM							
5:00 PM							
5:30 PM							
6:00 PM	ADULT BEG/INT LESSON (6:00 - 6:30 PM)	ACADEMY SWIM TEAM (6:00 - 9:30 PM)	ACADEMY SWIM TEAM (6:00 - 7:00 PM)	LANES (7:00 - 8:30 PM) WITH MASTERS (DROP-IN) 7-8 PM	ACADEMY SWIM TEAM (6:00 - 10:00 PM)	JUNIOR/ADULT LANES (8:00 - 9:30 PM)	TIME-TABLE SUBJECT TO CHANGE PLEASE CALL 01278 785909 TO CONFIRM
6:30 PM	LADIES ONLY (6:30 - 7:30 pm) WITH						
7:00 PM	AQUAFIT (SH) (6:35 - 7:25)						
7:30 PM	LANES (7:30 - 8:30 PM)						
8:00 PM	LANES (7:30 - 8:30 PM)	ACADEMY SWIM TEAM (6:00 - 9:30 PM)	ACADEMY SWIM TEAM (6:00 - 7:00 PM)	LANES (7:00 - 8:30 PM) WITH MASTERS (DROP-IN) 7-8 PM	ACADEMY SWIM TEAM (6:00 - 10:00 PM)	JUNIOR/ADULT LANES (8:00 - 9:30 PM)	TIME-TABLE SUBJECT TO CHANGE PLEASE CALL 01278 785909 TO CONFIRM
9:00 PM	LANES (7:30 - 8:30 PM)						
9:30 PM	MASTERS (DROP-IN) (8:30 - 9:30 PM)						
10:00 PM	MASTERS (DROP-IN) (8:30 - 9:30 PM)						
10:00 PM	& SWIM TEAM (8:30 - 10:00)	ACADEMY SWIM TEAM (6:00 - 9:30 PM)	ACADEMY SWIM TEAM (6:00 - 7:00 PM)	LANES (7:00 - 8:30 PM) WITH MASTERS (DROP-IN) 7-8 PM	ACADEMY SWIM TEAM (6:00 - 10:00 PM)	JUNIOR/ADULT LANES (8:00 - 9:30 PM)	TIME-TABLE SUBJECT TO CHANGE PLEASE CALL 01278 785909 TO CONFIRM
6:00 PM	ADULT BEG/INT LESSON (6:00 - 6:30 PM)						
6:30 PM	LADIES ONLY (6:30 - 7:30 pm) WITH						
7:00 PM	AQUAFIT (SH) (6:35 - 7:25)						
7:30 PM	LANES (7:30 - 8:30 PM)	ACADEMY SWIM TEAM (6:00 - 9:30 PM)	ACADEMY SWIM TEAM (6:00 - 7:00 PM)	LANES (7:00 - 8:30 PM) WITH MASTERS (DROP-IN) 7-8 PM	ACADEMY SWIM TEAM (6:00 - 10:00 PM)	JUNIOR/ADULT LANES (8:00 - 9:30 PM)	TIME-TABLE SUBJECT TO CHANGE PLEASE CALL 01278 785909 TO CONFIRM
8:00 PM	LANES (7:30 - 8:30 PM)						
9:00 PM	MASTERS (DROP-IN) (8:30 - 9:30 PM)						
9:30 PM	MASTERS (DROP-IN) (8:30 - 9:30 PM)						
10:00 PM	& SWIM TEAM (8:30 - 10:00)	ACADEMY SWIM TEAM (6:00 - 9:30 PM)	ACADEMY SWIM TEAM (6:00 - 7:00 PM)	LANES (7:00 - 8:30 PM) WITH MASTERS (DROP-IN) 7-8 PM	ACADEMY SWIM TEAM (6:00 - 10:00 PM)	JUNIOR/ADULT LANES (8:00 - 9:30 PM)	TIME-TABLE SUBJECT TO CHANGE PLEASE CALL 01278 785909 TO CONFIRM
6:00 PM	ADULT BEG/INT LESSON (6:00 - 6:30 PM)						
6:30 PM	LADIES ONLY (6:30 - 7:30 pm) WITH						
7:00 PM	AQUAFIT (SH) (6:35 - 7:25)						

OPEN	Open to all ages - An adult MUST accompany all children under 16 - Under 8 Policy in effect.		ADULTS 16 to 64 YEARS	£5.25
FAMILY	Under 8 policy relaxed - One adult per 2 children under the age of 8. Adult must accompany all children Under 16 in the water		JUNIOR 3 - 15 YEARS	£4.75
FUN N FLOATS	Floats & Water Toys provided. An adult MUST accompany all children under 16 in the water - Under 8 Policy in effect.		ADULT & JUNIOR	£9.00
SA (Swim Academy)	For swimmers enrolled in lessons only - Open to all ages and abilities - Contact reception to book swim lessons		SENIOR 65+	£4.25
SWIM TEAM	For swimmers who have reached stage 6 of Swim Academy through National Level - Enquire at reception 01278 785909		TOTS UNDER 3	£2.25
LANE	16 + Only. Slow, Med, Fast & Performance Lane	LADIES SESSION - Restricted to ladies 15 +	SWIM ACADEMY (JNR)	£6.50
LANE (J)	Adults & Competent U 16's welcome. Slow, Med, Fast & Performance Lane		SWIM AC/AQUA FIT (ADULT)	£6.50
TA (Tri Academy): LA (Lifeguard Academy):	Please Enquire at reception 01278 785909		MASTERS/SWIM FIT/STROKE TECH	£6.50
POOL AVAILABLE FOR HIRE (Enquire at reception)			TRIATHLON ACADEMY	£8.50

Please note that during any Open, Family or Lane Session a small portion of the pool may be in use for Swim Academy lessons.