



# SWIMMING POOL OPENING HOURS

MONDAY 26<sup>TH</sup> OCTOBER – SUNDAY 1<sup>ST</sup> NOVEMBER 2020



## MONDAY

LANE SWIM: 7:00 - 9:30 am; 12:00 - 1:30 pm; 7:30 - 8:30 pm  
 \*ACADEMY BUBBLE FAMILY/OPEN SWIM\*: 9:30 - 12:00 pm  
 STROKE TECH: 12:15 - 12:45 pm (for 2 Lanes All Ages 16+ Welcome)  
**ACADEMY CLOSED FOR DEEP CLEAN 1:30 pm – 3:30 pm**

SWIM/LIFEGUARD ACADEMY: 3:30 - 6:30 pm

LADIES ONLY SWIM: (Deep End Only) 6:30 - 7:30 pm with AQUA AEROBICS: 6:35 - 7:25 pm (Shallow End)

COACHED LANE SWIM (MASTERS): 8:30 - 9:30 pm

## TUESDAY

LANE SWIM: 6:00 - 9:00 am; 12:00 - 1:30 pm

SWIM ACADEMY: 9:00 - 9:30 am (Adults Only Learn to Swim)

DISTANCE SWIM BADGES: 9:00 - 9:30 am (5 Meters TO 400 Meters) All welcome (please book at reception)

PENGUINS CLUB: 9:30 - 10:30 am

\*ACADEMY BUBBLE FAMILY SWIM\*: 10:40 - 11:30 pm (Shallow end only 11:00 – 11:30 am)

AQUA FIT (Deep) 11:00 - 11:50 pm

**ACADEMY CLOSED FOR DEEP CLEAN 1:30 pm – 3:30 pm**

SWIM ACADEMY: 3:30 - 6:00 pm ACADEMY SWIM TEAM: 6:00 - 9:30 pm

## WEDNESDAY

LANE SWIM: 6:00 - 9:00 am; 12:00 - 1:30 pm

DISTANCE SWIM BADGES: 9:00 - 9:30 am (5 Meters TO 400 Meters) All welcome (please book at reception)

\*ACADEMY BUBBLE FAMILY/OPEN SWIM\*: 9:30 - 12:00 pm

**ACADEMY CLOSED FOR DEEP CLEAN 1:30 pm – 3:30 pm**

SWIM/TRIATHLON ACADEMY: 3:30 - 6:00 pm

ACADEMY SWIM TEAM 6:00 - 7:00 pm, SWIM TEAM 7:00 – 8:30 pm

## THURSDAY

LANE SWIM: 7:00 - 9:30 am; 12:00 - 1:30 pm

STROKE TECH: 8:30 - 9:00 am (for 2 Lanes All Ages 16+ Welcome)

DISTANCE SWIM BADGES: 9:00 - 9:30 am (25 Meters TO 400 Meters) All welcome (please book at reception)

\*ACADEMY BUBBLE FAMILY/OPEN SWIM\*: 10:00 - 12:00 pm

**ACADEMY CLOSED FOR DEEP CLEAN 1:30 pm – 3:30 pm**

SWIM ACADEMY: 3:30 - 6:00 pm ACADEMY SWIM TEAM: 6:00 - 9:00 pm

## FRIDAY

LANE SWIM: 6:00 - 9:00 am; 12:00 - 1:30 pm; 7:00 – 8:30 pm

\*ACADEMY BUBBLE FAMILY/OPEN SWIM\*: 9:00 - 11:00 am

ADULT SWIM: 11:00 am – 12:00 pm (Deep end only) with AQUA AEROBICS: 11:00 - 11:50 am (Shallow End).

**ACADEMY CLOSED FOR DEEP CLEAN 1:30 pm – 3:30 pm**

SWIM ACADEMY: 3:30 - 6:00 pm ACADEMY SWIM TEAM: 6:00 - 7:00 pm

JUNIOR/ADULT LANE SWIM: 7:00 - 8:30 pm

DISTANCE SWIM BADGES: 7:00 pm (25 Meters TO 5000 Meters) All welcome (please book at reception)

## SATURDAY

SWIM TEAM: 7:00 - 8:30 with COACHED LANE SWIM (MASTERS): 7:30 - 8:30 am

SWIM & TRIATHLON ACADEMY: 8:30 - 1:15 pm

JUNIOR/ADULT LANE SWIM: 1:15 - 2:15 pm

DISTANCE SWIM BADGES: 1:15 pm (25 Meters TO 1500 Meters) All welcome (please book at reception)

\*ACADEMY BUBBLE FAMILY/OPEN SWIM: 2:15 - 4:00 pm\*

## SUNDAY

LANE SWIM: 7:00 - 8:30 am.

ACADEMY TEAM: 8:30 - 9:30 am & 12:00 – 1:00 pm SWIM ACADEMY: 9:30 – 10:00 am & 11:30 – 12:00 pm

\*ACADEMY BUBBLE FAMILY SWIM: 10:00 - 11:30 am\* with DIVE ACADEMY: 10:00 - 10:30 am (Deep End)

GROUP & PRIVATE SWIM LESSONS & TRAINING SESSIONS FOR ALL AGES & ABILITIES THROUGHOUT HALF-TERM.  
 LIMITED PLACES AVAILABLE PLEASE CALL 01278 785909 FOR FURTHER INFORMATION & BOOKINGS

\*Due to current operating restrictions, the Academy Bubble Family Swim is only available to Swim Academy, Tri Academy, Swim Team or Health Club Members & their immediate household or family bubble.

An adult over 18 must accompany all swimmers in their party.

Spaces are limited so booking is advisable to ensure guaranteed entry. [www.bospool.com](http://www.bospool.com) 01278 785909

It is recommended that swimmers arrive "pool-ready" to reduce congestion in the changing rooms

You do not currently need to book for Lane Swimming or the Adult Open Swim, However you will need to provide name & contact details for track & trace on arrival



COVID-19 RESPONSE APPROVED



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SWIM TICKET PRICING:  
 ADULT & CHILD: £8.50  
 JUNIORS (U 16): £4.50

ADULTS: £5.00  
 65+: £4.00  
 TOTS (U3): £2.00

