



Summer Vacation

HOLIDAY SCHEDULE IN EFFECT FROM:

MONDAY JULY 22ND – SUNDAY 1ST SEPTEMBER 2019



**Have Fun
This Summer!**

**Have Fun
This Summer!**

PRE-SWIM TEAM

Tuesday & Thursday 6:00 – 7:00 pm

POTENTIAL SWIM TEAM

Tuesday & Thursday 6:00 – 7:00 pm; Sunday 9:00 – 9:30 am

DEVELOPMENT SWIM TEAM

Tuesday & Thursday 7:00 – 8:00 pm; Sunday 8:30 – 9:30 am

PERFORMANCE SWIM TEAM

Tuesday & Thursday 7:00 – 8:00 pm; Friday 6:00 – 7:00 pm

COUNTY SWIM TEAM

Tuesday 8:00 – 9:00 pm; Wednesday 8:00 – 9:00 pm
Thursday 7:00 – 8:00 pm; Friday 6:00 – 7:00 pm

DISTRICT SWIM TEAM

Tuesday 8:00 – 9:00 pm; Wednesday 8:00 – 9:00 pm
Thursday 8:00 – 9:00 pm; Friday 6:00 – 7:00 pm

REGIONAL SWIM TEAM

Tuesday 8:00 – 9:00 pm; Wednesday 8:00 – 9:00 pm
Thursday 6:00 am – 7:00 am & 8:00 – 9:00 pm; Saturday 7:30 – 8:30 am.

MASTERS SWIM TEAM

Monday 8:30 – 9:30 pm; Thursday 8:00 – 9:00 pm
Saturday 7:30 – 8:30 am



Please note there will be no land training for squads during the summer holidays

Normal training hours commence MONDAY 2ND SEPTEMBER