

SWIM & SPORTS ACADEMY



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BURNHAM-ON-SEA SWIM & SPORTS ACADEMY

ACADEMY HEALTH CLUB

LIMITED MEMBERSHIPS AVAILABLE FOR 2018/19

FOR FURTHER INFORMATION, TO ARRANGE A VIEWING, OR TO JOIN US

PLEASE CONTACT RECEPTION

We are offering, a **Private Members Health Club** with limited space for just **300 people** over the age of **18 years**. The Academy Health Club provides members the opportunity to reach their **unique Health & Fitness goals** under the guidance of our **Expert Wellness Team**.

As an **Academy**, our primary goal is to **Teach, Educate, Motivate & Support**. With this underlying concept at the core of our foundation, Academy Health Club members have **access to over 60 instructor led classes** scheduled at varying times of the day, **7 days a week** within the **Swimming Pool, Spinning Studio, Cardio Room & Academy Gym**.

(Please refer to our Academy Health Club opening times & class offerings flyer at reception)

For our more **Experienced Athletes**, flexible access to our combination of facilities allows you to undertake your own training program. The Academy Health Club provides all the necessary fitness components to reach your sporting goals, encompassing **aerobic, anaerobic, strength & flexibility** training now available **all under one roof**.

No matter where your athletic starting point is**The Academy Health Club** creates the environment for you to experience & capture the benefits of an athletic **Health & Wellness lifestyle**.

MEMBERSHIP CATEGORIES & PRICING:

Joining Fee £49.99

Full Academy Health Club Member £55.99 Month

Time Restricted (9:00 am – 3:30 pm) Academy Health Club Member £44.99 Month

Swim & Gym Academy Health Club Member £44.99 Month

Gym Only Academy Health Club Member £33.99 Monthly



Berrow Road
Burnham-on-Sea
Somerset, TA8 2ET
England

PHONE 01278 785909
FAX 01278 788498
E-MAIL questions@bospool.com
WEB SITE <http://www.bospool.com>

