



SWIM & SPORTS ACADEMY



ACADEMY SWIM TEAM



SWIM ACADEMY NEWSLETTER "BACK TO SCHOOL" EDITION 2018



TERM DATES 2018/19

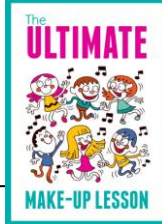
- 2018: TERM 6:** 3rd September – 4th November (9 Weeks) £54.90
- 2018: TERM 7:** 5th November – 23rd December (7 Weeks) £42.70
- 2019: TERM 1:** 2nd January – 24th Feb (7/8 Weeks) £42.70/£48.80
- 2019: TERM 2:** 25th February – 21st April (8 Weeks) £48.80
- 2019: TERM 3:** 22nd April – 2nd June (6 Weeks) £37.50
- 2019: TERM 4:** 3rd June – 28th July (8 Weeks) £50.00
- 2019: TERM 5:** 29th July – 1st September (5 Weeks) £31.25
- 2019: TERM 6:** 2nd September – 3rd November (9 Weeks) £56.25
- 2019: TERM 7:** 4th November – 22nd December (8 Weeks) £50.00

FREE HI-SPEED WIFI AT THE ACADEMY!

Enjoy "surfing" whilst the kids are swimming!
Contact reception for initial password, then simply sign up and enjoy the FREE on-line service!



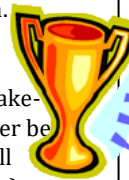
Have you checked out our Facebook Page yet?
Stay up-to-date with the latest news & offerings at:
Burnham-on-Sea Swim & Sports Academy



SWIM LESSON "MAKE-UP" POLICY:

Burnham-on-Sea Swim Academy has a comprehensive make-up policy for missed swim-lessons. To claim your "make-up" lesson Please ensure the following:

- Contact the academy by Phone: 01278 785909 at least **2 hours before** the upcoming missed lesson to advise your swimmer will miss their lesson. (Failure to do this will void the Make-up Policy opportunity).
- Reception Team will update your file indicating the lesson was missed.
- Make-up Lessons can be rescheduled immediately. However once a make-up date has been set, this cannot be re-arranged. (Should your swimmer be absent due to sickness, it is advisable to wait to re-schedule (Simply call reception once your child is fully recovered to book the Make-up lesson).
- Make-up lessons **MUST** be taken in the current term, they are not transferable to the next term.
- If you cannot find the time to take a make-up lesson, then the Academy will offer a Missed Swim Pass, this has no expiry date and can be used to gain free admittance into a Public swim. (Under 8 Policy applies).



SWIM ACADEMY SUMMER CHAMPIONSHIPS

Congratulations to the following Stage Champions:

- Stage 2:** AMELIA LARKIN
- Stage 2 (BOYS):** RILEY BALLARD; MAXELL LUMBLEY
GEORGE MATTHEWS; WILLIAM STEVENSON TIED 1ST
- Stage 3:** OLIVIA SIGGINS & BELLA THOMPSON TIED 1ST
- Stage 3 (BOYS):** JAKE WHITE
- Stage 4:** POPPY BELBIN & JAIDEN BAMSEY
- Stage 5:** ROSIE DAVIS & CHARLIE WALLACE
- Stage 6:** LACEY BEASLEY & JAMES NEWMAN
- Stage 7:** JUSTICE RICHMOND & OSCAR MUNSLOW
- Stage 8,9&10:** ISAAC MASLEY & CHLOE SLADE
Who will be our Xmas Stage Champions ??...
Will it be YOU?
Entry forms at reception from Nov!



SCHOOL SWIMMING Swim & Sports Academy Primary Schools KS2 Pass Rate for Swimming a phenomenal 89.63% for the 2017/18 Academic Year!! National average just 49%!! Huge congratulations to our Year 6 students from Burnham, Bridgwater, Weston & beyond who collectively achieved this **OUTSTANDING** result during school swimming lessons here at the Swim & Sports Academy. 9 out of 10 children (aged 11) can safely swim 25 meters, understand water safety and are competent in deep water ...WOW! (Only 2% are unable to swim 5 meters).



LIFEGUARD ACADEMY NEWS. With students from 6 years to 16+ having the opportunity to undertake a variety of awards from Rookie Lifeguard to the professional NPLQ exam under the auspicious eyes of our RLSS Trainer Assessor Stuart Green the Lifeguard Academy has been very busy, and successful! Congratulations to students who passed their NPLQ this year and are now employed at the Swim & Sports Academy!: Leah Adams; Lauren Bird; Maddie Christison; Alex Elton; George Goodall; Shannon Hooper, Libby Tolley.



SWIM LESSON CHECK-IN: 5 MIN RULE!

Check-in & registration pool-side, opens up 5 mins before your child's lesson. Please do not leave your swimmer unattended prior to this. Once checked-in they will be under the supervision of our lifeguards & teachers until their lesson has finished. Please ensure prompt collection!

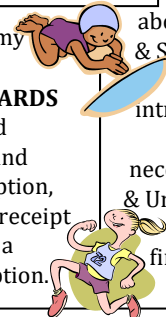
SPLASH N DASH

SEPTEMBER 30TH
A Great RUN/SWIM event for ALL swimmers who have reached Stage 4 & above here at the Swim & Sports Academy. This is a very fun, introduction to racing – NO experience necessary! Age groups 8 & Under through to 15 & U. Just £10, includes finishers medal! Entry forms at reception

SWIM HATS Please ensure your swimmer wears a swim cap during their Swim Academy Lesson. (any style/type is permitted). This is a big benefit when swimming & will help their progressions. New Swim Academy students receive a FREE Swim Academy hat on sign up.



SWIMMERS PROGRESSIONS; AWARD SLIPS & FREE TRIALS!: Our Award winning Swim Academy Class structure is based around the ASA National Learn to Swim Program. Swimmers will progress along the Performance Pathway outlined below & achieved **DISTANCE AWARDS; WATERSKILLS AWARDS & STAGE AWARDS** on their aquatic journey. Achieving a Distance or Water Skills awards indicates that the swimmer has progressed beyond half-way of their current STAGE Level. If a Stage award is achieved the swimmer moves to a NEW class and now works at a higher level. Students are given award slips by their teacher. These should be presented to reception, where badges & certificates may be purchased and our reception team can find the NEW class (Should you be in receipt of a STAGE AWARD) for your swimmer. Swimmers who graduate from Stage 3 & higher classes will also receive a FREE TRIAL SLIP to one of the complimentary activities available (Such as Mini Tri or Dive Academy) from reception.



The diagram below helps give you an overview of the opportunities awaiting your swimmer as they progress through the ASA Stages at the Swim Academy.

SWIM ACADEMY PERFORMANCE PATHWAY: From Ducklings to National Champions! We get you there one stage at a time! Here's how!
AGES 6M – 3 YR: **DISCOVERY DUCKLINGS** (1-4) → AGES: 2.5 to 4+: **DUCKLINGS** (1, 2, 3) → **DUCK ADV/SUPERSTARS** (4)
(Swimmers who reach Duck 4 & Superstar status when they turn 4+ years old by-pass Stage 1 or 2)

AGES 4 +: **STAGE 1 → STAGE 2 → STAGE 3 → STAGE 4 → STAGE 5 → STAGE 6 → STAGE 7 → STAGE 8 → STAGE 9 → STAGE 10**

STAGE LEVEL ACTIVITIES

| | | | | |
|----------|------------------------|---------------------|-------------------------------|--|
| MINI TRI | DIVE AC AQUA SKILLS | ROOKIE LIFEGUARD | PRE-SWIM TEAM TRIATHLON AC | POTENTIAL SWIM TEAM LIFEGUARD ACADEMY |
|----------|------------------------|---------------------|-------------------------------|--|

Entry to activity is based on current ASA Swim Stage level.

Swimmers in **Stage 3** can enter Mini Tri, **Stage 4** may enter Dive Academy or Aqua skills. **Stage 5** Swimmers can start their journey to become Professional Lifeguards in the Rookie Lifeguard Program. **Stage 6 & 7** Swimmers can join Pre-Swim Team or Triathlon Academy **Stage 8** Swimmers can join the Potential Swim Team or Lifeguard Academy. Having graduated from **Stage 10** Swimmers may enter the **Development Swim Team** or **Performance Tri Team** & progress to County, Regional & National competitions in either Swimming, Triathlon or Lifesaving. Students 16+ can take the Professional NPLQ exam valid at pools throughout the country and become employable lifeguards.