

Race No	First Name	Last Name	Category	Club/Town	Swim Split	T1	Bike Split +T2	Run Split	Total Time
154	Iain	Hindes	M40-49	North Devon Tri	00:19:30	00:02:00	01:03:50	00:39:58	02:05:18
147	Julian	Ridgley	M40-49	Somerset RC Tri	00:24:16	00:02:27	01:04:54	00:38:33	02:10:10
189	Toby	Duggan	M18-29	West Country Tri	00:20:02	00:01:38	01:06:20	00:43:38	02:11:38
155	James	Heal	M40-49	Somerset RC Tri	00:21:26	00:02:20	01:05:39	00:42:39	02:12:04
174	James	Kyffin	M30-39	West Country Tri	00:22:38	00:02:15	01:03:34	00:43:50	02:12:17
186	Robert	Stewart	M18-29	PAC Tri	00:22:40	00:02:58	01:07:28	00:39:52	02:12:58
178	Nick	Hawkes	M30-39	Somerset RC Tri	00:20:38	00:00:47	01:08:42	00:42:56	02:13:03
181	Tom	Coe	M30-39	BAD Tri	00:21:17	00:02:44	01:08:56	00:40:30	02:13:27
180	Matt	Cooke	M30-39	West Country Tri	00:22:36	00:02:20	01:03:20	00:45:33	02:13:49
165	Ben	Ticehurst	M30-39	BAD Tri	00:22:11	00:02:11	01:09:04	00:40:53	02:14:19
184	Matt	Baxter	M30-39	Bristol	00:26:16	00:02:15	01:05:28	00:41:11	02:15:10
145	Nick	Ryles	M40-49	West Country Tri	00:25:29	00:02:03	01:08:27	00:39:21	02:15:20
148	Paul	Raven	M40-49	Exeter Tri Club	00:23:34	00:02:21	01:10:09	00:39:26	02:15:30
137	Carl	Ward	M40-49	Somerset RC Tri	00:23:50	00:02:17	01:05:01	00:44:53	02:16:01
130	Gary	Embury	M50-59	PAC Tri	00:23:04	00:03:32	01:07:22	00:42:08	02:16:06
195	Celia	Miall	F40-49	West Country Tri	00:22:05	00:02:15	01:07:45	00:44:13	02:16:18
146	Adrian	Rigby Pen	M40-49	West Country Tri	00:21:13	00:03:07	01:07:37	00:42:30	02:16:27
168	Mark	Porter	M30-39	Somerset RC Tri	00:23:49	00:02:42	01:09:11	00:41:36	02:17:18
176	Elliot	Hodges	M30-39	Somerset RC Tri	00:22:16	00:02:20	01:09:16	00:43:48	02:17:40
185	Matthew	Vermont	M18-29	Puriton	00:26:15	00:02:17	01:05:01	00:44:36	02:18:09
192	Tom	Cole	M18-29	Taunton	00:27:31	00:01:40	01:07:25	00:43:04	02:19:40
135	Tim	Wheal	M40-49	West Country Tri	00:25:43	00:02:38	01:05:15	00:46:14	02:19:50
152	Nick	Ireland	M40-49	Dorset Pentathletes	00:19:21	00:02:04	00:13:46	01:44:48	02:19:59
169	Gary	Pither	M30-39	Bridgwater	00:23:57	00:02:17	00:59:35	00:54:35	02:20:24
190	Joshua	Embury	M18-29	PAC Tri	00:21:46	00:02:14	01:11:22	00:45:33	02:20:55
194	Elizabeth	Pye	F40-49	Somerset RC Tri	00:22:52	00:01:47	01:10:35	00:46:24	02:21:38
183	Gary	Bell	M30-39	Somerset RC Tri	00:27:53	00:02:22	01:08:39	00:42:46	02:21:40
157	Paul	De St Paer	M40-49	West Country Tri	00:24:07	00:03:10	01:13:51	00:42:03	02:23:11
136	Martin	Webb	M40-49	Leamington Spa	00:25:45	00:03:08	01:09:01	00:45:28	02:23:22
163	Alin	Achim	M40-49	BAD Tri	00:25:15	00:02:21	01:10:36	00:45:13	02:23:25
143	Pete	Shirvington	M40-49	West Country Tri	00:24:09	00:02:32	01:11:35	00:45:30	02:23:46
193	Diane	Hier	F50-59	DB Max	00:24:39	00:01:51	01:15:10	00:42:27	02:24:07
151	Nick	Lansdowne	M40-49	BAD Tri	00:23:55	00:02:13	01:10:20	00:47:53	02:24:21
197	Caroline	Haywood	F30-39	Somerset RC Tri	00:22:07	00:02:28	01:10:49	00:49:04	02:24:28
198	Ella	Clark	F30-39	BAD Tri	00:23:07	00:02:26	01:10:42	00:49:56	02:26:11
150	Stephen	McGlynn	M40-49	BAD Tri	00:22:13	00:02:08	01:11:49	00:50:38	02:26:48

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161	Patrick	Bowden	M40-49	Somerset RC Tri	00:28:39	00:02:36	01:11:18	00:45:14	02:27:47
149	Nick	Presdee	M40-49	West Country Tri	00:23:12	00:03:46	01:11:22	00:50:59	02:29:19
191	Paul	Dwyer	M18-29	Bristol	00:24:58	00:03:22	01:14:52	00:46:57	02:30:09
160	Italo	Cerullo	M40-49	Taunton	00:28:21	00:02:46	01:16:31	00:43:22	02:31:00
159	Nigel	Chilcott	M40-49	Somerset RC Tri	00:24:13	00:02:51	01:11:33	00:52:36	02:31:13
127	Nick	Windsor	M50-59	Weston super Mare	00:25:28	00:02:38	01:15:09	00:48:25	02:31:40
187	Tom	Stephen	M18-29	London	00:26:40	00:03:30	01:12:27	00:49:43	02:32:20
153	Leigh	Holloway	M40-49	West Country Tri	00:24:01	00:03:56	01:12:57	00:52:07	02:33:01
164	Philip	Young	M30-39	Milverton	00:25:10	00:03:42	01:11:14	00:53:05	02:33:11
128	Alistair	Parker	M50-59	Tewkesbury Tri	00:29:04	00:02:47	01:13:45	00:49:38	02:35:14
171	Ross	Neethling	M30-39	ni.Bristol Tri and Pen. Cl	00:25:18	00:03:29	01:18:10	00:48:34	02:35:31
188	Mike	Rosenstock	M18-29	London	00:33:39	00:02:12	01:11:03	00:49:11	02:36:05
199	Sarah	Warren	F18-29	Somerset RC Tri	00:23:20	00:02:44	01:18:20	00:52:36	02:37:00
200	Kelly	Pople	F40-49	West Country Tri	00:24:56	00:03:09	01:19:05	00:50:35	02:37:45
173	Simon	Large	M30-39	Leicester Tri Club	00:26:40	00:02:37	01:20:49	00:48:08	02:38:14
138	Nick	Walrond	M40-49	Chapel Allerton	00:29:24	00:03:13	01:13:44	00:52:07	02:38:28
175	Tim	James	M30-39	BOS	00:28:28	00:03:41	01:15:39	00:53:16	02:41:04
172	Tom	Meek	M30-39	Exeter	00:28:55	00:03:15	01:14:08	00:58:27	02:44:45
125	Terry	Windeatt	M60+	Exeter Tri Club	00:23:02	00:03:47	01:17:30	01:02:22	02:46:41
141	Simon	Tee	M40-49	NEWT	00:25:22	00:03:43	01:25:34	00:55:31	02:50:10
140	Christophe	Vaissiere	M40-49	Bristol	00:30:26	00:03:49	01:16:03	00:59:54	02:50:12
144	Paul	Shaw	M40-49	Absolute Triathlon	00:28:42	00:03:52	01:21:12	00:56:47	02:50:33
196	Kate	Lowe	F40-49	Team Cherwell	00:25:20	00:02:47	01:24:27	01:01:02	02:53:36
133	Adrian	Wood	M40-49	West Country Tri	00:30:42	00:03:11	01:18:45	01:03:05	02:55:43
129	Mark	Lyons	M50-59	Weston super Mare	00:30:46	00:04:26	01:24:48	00:57:55	02:57:55
142	Richard	Squire	M40-49	North Devon Tri	00:28:24	00:03:32	01:24:44	01:22:16	03:18:56
134	Jason	Wild	M40-49	Bristol	NO SWIM	00:25:46	01:27:15	01:00:11	DNF
122	Jeannie	Fry	F50-59	West Country Tri	00:23:56	00:00:00	00:00:00	00:00:00	DNF
124	Mark	Conklin	M50-59	BoS Tri Academy	00:24:51	00:00:00	00:00:00	00:00:00	DNF